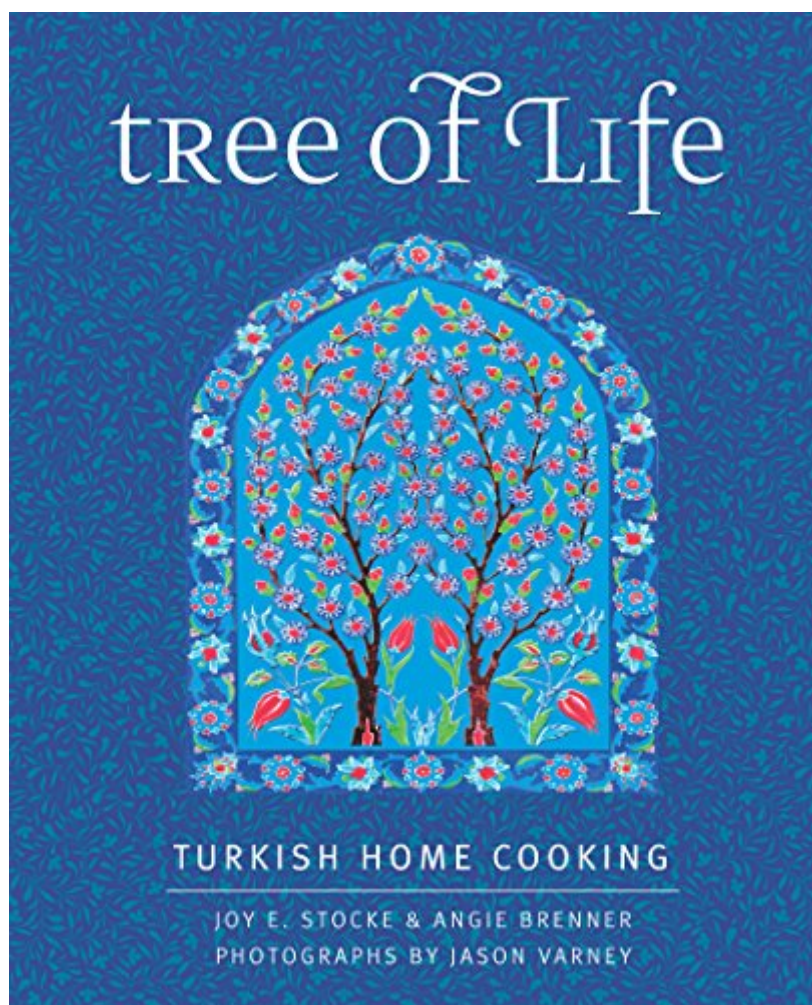


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# Tree Of Life



## Synopsis

Explore the refined flavors and seductive aromas of the Turkish table. When Joy Stocke and Angie Brenner first met on the balcony of a guesthouse in a small resort town on the Mediterranean coast, they discovered a shared love of history, literature, and local food traditions. The two new friends set off on a cultural adventure tour of Turkey that spanned ten years. Returning home to their respective American kitchens, they couldn't help but call upon the flavors of Anatolia as a kind of culinary souvenir, and incorporate that sensibility into the food they cook every day for themselves, family, and friends. Based on the memoir *Anatolian Days and Nights*, *Tree of Life* presents more than 100 accessible recipes inspired by Turkish food traditions found in the authors' travels. These thoughtful adaptations of authentic dishes draw on readily available ingredients while featuring traditional techniques. Recipes include *Circassian Chicken*, *Carrot Hummus with Toasted Fennel Seeds*, *Spice-Route Moussaka*, *Weeknight Lamb Manti*, *Stuffed Grape Leaves*, and *Black Sea Hazelnut Baklava*, and so much more.

## Book Information

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## Customer Reviews

Tree of Life is much more than a cookbook. With quotes by Persian poet Rumi and Turkish proverbs opening each chapter, not only beautiful photographs of Turkish home cooking make the mouth water, but of modern-day Turkey, including both cityscapes and countryside, whirling dervishes, women working the land, selling produce and preparing meals, and fishermen. This 250-page tome belongs on the coffee table when not being used in the kitchen. A great gift idea that delivers a feast for the senses as well as a wallop of contemporary cultural information on Turkey. - Rozsa Gaston, author of medieval historical novel *Sense of Touch: Love and Duty at Anne of Brittany's Court*

Tree of Life: Turkish Home Cooking is a gorgeous book - almost like a coffee table book - which is also fun to read. Each recipe includes color photos and a description that helps the reader understand how the dish is used in Turkey, as well as some flavor from the authors as they describe how they first encountered a particular dish and obtained the recipe. The authors made sure you can find the ingredients locally (in America) or suggested available substitutes. I am looking forward to trying out these recipes.

Whether you're a vegetarian or a carnivore like me, there is something for everyone in this book. I just made the cumin-roasted chicken, and it was so easy and fabulous. My Greek heritage and this Turkish traditional cook book have so much in common. I recommend it to anyone who likes full, yet subtle, flavors. Bon appetit!

The recipes, photos and personal stories all weave together to tell a full and delicious story of Turkish Home Cooking.

Perfect for the experienced or novice home cook! purchased several copies of this beautiful cookbook as gifts for my food-lover friends as it has food history and cultural information along with the recipes and stunning photographs. So many of the recipes are simple and healthy with lots of vegetarian options that I'm now doing a lot more cooking myself! Hell, the book looks good enough to eat.

Loved their travel book adventures and anxiously awaited this cookbook that reads like a family cookbook of experiences.

The book is a treasure to hold in its large size format and a feast for the eyes with beautiful pictures

of both the prepared food as well as scenes throughout Turkey. Well laid out with beautifully written passages that connect the photographs and recipes. Easy to flip through and enjoy.

I recently received my cookbook. It is beautiful, well laid out, and a joy to read and enjoy the wisdom shared throughout the book. I loved that the book lays open easily while cooking. I really appreciate that ingredients are easily accessible. I am so glad I purchased three extras for family and friends. They too will be thrilled with gift I am sharing with them.

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